



Keep healthy if you have macular degeneration: Green leafy vegetables: Kale, broccoli, spinach, and brussels sprouts are high in antioxidants like lutein, zeaxanthin and vitamin E.

**Age-related macular degeneration and diabetic retinopathy:** Mr Zambarakji manages age-related macular degeneration and provides treatment with anti-VEGF injections with Lucentis, Avastin or Eylea. All intravitreal injections are provided as a one-stop service to reduce the need for multiple clinic visits.

We also provide a comprehensive diabetic retinopathy service including the assessment of retinopathy, imaging using colour photography, OCT, fluorescein angiography and OCT angiography (OCT A avoids the need for intravenous fluorescein injections used as part of standard fluorescein angiography) and laser photocoagulation/intravitreal injections.



Keep healthy if you have macular degeneration: Eat more fish, try salmon, trout, sardines, tuna, and mackerel they are high in omega-3s.

### Practice overview:

Retinacare is an independent private practice based at both The Holly Private Hospital and the Spire London East Hospital, providing adult Ophthalmology services with a comprehensive back up service including:

- Retinal laser 532 nm
- Zeiss Nd:Yag laser for performing capsulotomy or laser iridotomy
- Zeiss OCT imaging including OCT angiography to replace fluorescein angiography
- Zeiss retinal photography
- Zeiss Humphrey visual field analysis
- Corneal pachymetry
- Atlas corneal topography

### Specialists services include:

- Small incision phaco cataract surgery including complex cataract surgery (small pupils, pseudoexfoliation, unstable lenses, high myopia, previous vitreoretinal surgery, floppy iris syndrome and co-existing diabetic retinopathy)
- Age-related macular degeneration treatment using anti-VEGF injections (Lucentis, Avastin and Eylea)
- Diabetic retinopathy assessment and treatment using retinal laser photocoagulation and intravitreal injections (including Ozurdex and Iluvien)
- Vitreoretinal disease assessment and surgery including posterior vitreous detachment, retinal detachment, vitreomacular traction, epiretinal membrane and macular hole
- Retinal vascular disease assessment and management
- Glaucoma diagnosis and assessment
- Minor eyelid cysts

Mr. Zambarakji and Retinacare Ltd are recognised by all UK private insurance companies. The fees quoted in this leaflet are for self-pay patients and are accurate at the time of writing. We also have cataract surgery insurance packages agreed with BUPA, Axa PPP, Aviva, PRU health and Cigna.



The Practice of Hadi Zambarakji

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### Fee schedule (updated July 2018)

Mr. Hadi Zambarakji  
 MB ChB, FRCOphth, D.M  
 Retinacare Consultants Limited  
 Secretary: Molly Mapp  
 Ophthalmic Assistant: Raj Bharaj



**Polar  
CATARACT**

**Cataract surgery philosophy**  
 Mr Zambarakji provides a comprehensive cataract surgery service with special emphasis on the patient's personal needs. All patients are given a cataract questionnaire with particular emphasis on details including their requirement to be spectacle independent, dependence on driving, hobbies and occupation. Complex cataracts and previous refractive surgery are assessed using Pentacam topography/biometry and I-trace in Central London.



**POSTERIOR CAPSULE THICKENING (PCO)  
 requiring YAG laser capsulotomy**

**Cataract surgery packages**

Lens type	Charges
Standard monofocal lens implant (AMO)	£1,995-£2,030
Toric lens implant (AMO/Rayner)	£2,110-£2,335
Symfony extended depth of focus lens (AMO)	£2,550
Multifocal lens implant (AMO)	£2,470
Lenstec SBL 3 multifocal lens (+3 D add)	£2,260-£2,430
Trifocal panoptix lens implant (Alcon)	£2,475-£2,560
Symfony toric lens (AMO)	£2,670-£2,840

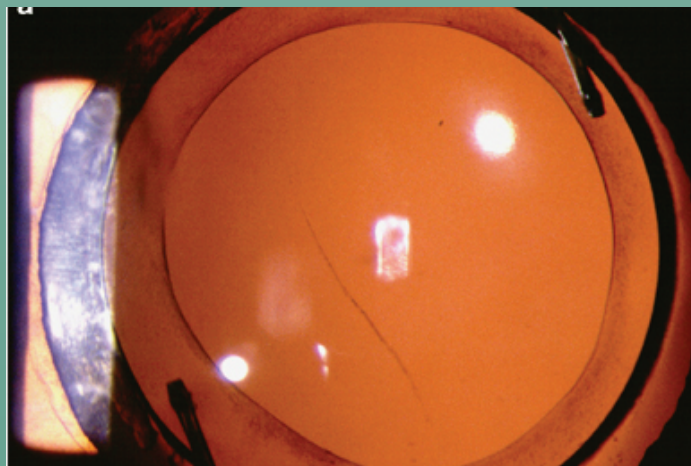
**Retinal investigations and surgery**

Procedure	Charges
OCT (retina and optic discs)	£128-137
OCT angiography	£250
Fluorescein angiography (London Medical)	£400
Pan retinal laser /macular laser (incl surgeon fee)	£750
Intravitreal Lucentis (incl OCT and surgeon fee)	£1,575
Intravitreal Avastin (incl OCT and surgeon fee)	£635
Intravitreal Eylea (incl OCT and surgeon fee)	£1,400

**Cataract surgery philosophy (continued)**

Different types of lens implants can be considered at the time of cataract surgery based on the planned refractive outcome.  
 Example 1: Cataract patient with low myopia and long-term contact lens wearer with monovision correction  
 Management 1: Monofocal lens implants with correction of the dominant eye for distance and the non-dominant eye for near.  
 Example 2: Hypermetropic patient, non-driver, no astigmatism and wishes to be spectacle independent.  
 Management 2: Panoptix lens implants for good vision at all distances including distance, intermediate and near.  
 Example 3: Cataract patient with moderately high myopia and regular astigmatism.  
 Management 3: Bilateral toric lens implants aiming for emmetropia or micromonovision (see corneal topography).

**LENS IMPLANT FOLLOWING CATARACT SURGERY**



Other	Charges
Consultation New/Follow up	£180-£150
YAG laser capsulotomy unilateral	£350-£410
YAG laser capsulotomy bilateral	£550-£590
Humphrey visual field	£84-£132
Colour fundus photography	£71
Corneal topography (Atlas)	£68
Pentacam and pentacam biometry (Harley Street)	£150-£250
I-trace (Harley Street)	£150

